

27th MYANMAR SEA GAMES 2013

SPECIFIC REGULATIONS FOR ROAD RACES

14TH December 2013

(16:00) License and Jersey Control

(17:00) Team Manager's Meeting (Road)

15th December 2013

(09:00) Men 50km Individual Time Trial

(11:00) Victory Ceremony

(15:00) Women 30km Individual Time Trial

(16:30) Victory Ceremony

16th December 2013

(09:00) Women 120km Individual Massed Start Road Race

(12:00) Victory Ceremony

(15:00) Men 100 km Team Time Trial

(18:00) Victory Ceremony

17th December 2013

(09:00) Men 163 km Individual and Team Massed Start Road Race

(13:30) Victory Ceremony

1. The 27th SEA Games Myanmar for Road Races will be held at Nay Phi Thaw, Myanmar from 15th to 19th December 2013 and has its Headquarters at.....
2. The Road Race event will be governed by the Rules of UCI and the rules of 27th SEA Games Organizing Committee.
3. All Race incidents and technical mistakes during the race will be decided by the Commissaire's Panel according to UCI Scale of Penalty Part 12 Discipline and Procedures.
4. **INDIVIDUAL TIME TRIAL**
 - 4.1. The race distance for Women is 20 km and for Men is 40 km. The maximum entry for each category is 2 riders.
 - 4.2. The starting order will be decided by the Commissaire's Panel.
 - 4.3. The interval between each rider is 1 minute.
 - 4.4. All riders must present themselves for checks on their bicycles no later than 15 minutes from their start line. (2.4.010)
 - 4.5. If one rider is caught up by another, he may neither lead nor follow in the slipstream of the rider who caught up. (2.4.017)
 - 4.6. A rider, upon catching up with another shall leave a lateral gap of at least 2 meters between himself and the other rider. After 1 km, the rider caught up shall ride at least 25 meters away from the other. (2.4.018).
If necessary, the commissaire shall force the riders to leave the 2 meter lateral gap and the distance of 25 meters respectively, without prejudice to the penalties provided for in the scale of penalties (article 12.1.040, point 40).
 - 4.7. Feeding is not permitted.
 - 4.8. The following vehicle shall follow at least 10 meters behind the rider, shall never overtake him nor draw up level with him. In the case breakdown, technical support may be rendered only with the rider and vehicle stationary and the following vehicle shall not hinder anyone else. (2.4.023).

- 4.9. The following vehicle of a rider who is about to be caught shall, as soon as the distance between the two riders drops below 100 meters, drop back behind the vehicle of the other rider. (2.4.024).
- 4.10. The vehicle of a rider who catches another may not take up position between the riders until they are at least 50 meters apart. Should this gap subsequently be reduced, the vehicle shall drop back behind the second rider. (2.4.025).
- 4.11. No equipment for the riders may be prepared or held ready outside the following vehicle. Persons riding in vehicles shall not reach or lean out. (2.4.27).
- 4.12. Megaphones or loud-hailers may be used.(2.4.029).

5. TEAM TIME TRIAL

- 5.1. This event is run by Men of 4 riders at the distance of 100 kms.
- 5.2. The starting order will be decided by the Commissaire's Panel.
- 5.3. The interval between each Team is 2 minutes.
- 5.4. All riders must present themselves for checks on their bicycles no later than 15 minutes from their start line. (2.5.009)
- 5.5. If a team is caught up by another, he may neither lead nor take the advantage of riding in the slipstream of the team that catches it. This clause shall equally apply to riders that drop behind. The rider that has drop behind may not join another team, nor receive or provide assistance (2.5.015).
- 5.6. A team, upon catching another, shall have a lateral gap of at least 2 meters between them. After 1 km, the team caught up shall ride at least 25 meters away from the other. (2.5.016).
If necessary, the commissaire shall force the riders to leave the 2 meter lateral gap and the distance of 25meters respectively, without prejudice to the penalties provided for in the scale of penalties (article 12.1.040, point 44).
- 5.7. Whether feeding is allowed or not, it will be discussed during in the team manager's meeting.
- 5.8. The following vehicle shall follow at least 10 meters behind the last rider of the team, shall never overtake it nor draw up level with it. In the case breakdown, technical support may be rendered only with the rider and vehicle stationary. (2.5.021).
- 5.9. The following vehicle of a team that is about to be caught shall, as soon as the distance between the two teams drops below 100 meters, drop back behind the vehicle of the other team. (2.5.023).
- 5.10. The vehicle following a team that catches up another may not take up position between the teams unless they are at least 60 meters between them. Should this gap subsequently reduced, the vehicle shall return to its position behind the last rider of the 2nd team. (2.5.024).
- 5.11. No equipment for the riders may be prepared or held ready outside the following vehicle. Persons riding in vehicles shall not reach or lean out. (2.5.025).
- 5.12. Megaphones or loud-hailers may be used.(2.5.027).
- 5.13. The time will be taken on the third rider of each team.

6. INDIVIDUAL MASED START ROAD RACE

- 6.1. The distance of Women Road Race is 100 km and is run as Individual competition.
- 6.2. The distance of Men Road Race is 160 km and is run as an Individual and Team competition.
- 6.3. The maximum entry for Women is 4 riders and the maximum entry for Men is 6 riders.
- 6.4. To qualify for a team medal, the team must complete the race with at least 3 riders on the given time limit.
- 6.5. The time limit for Road Race is 10%.
- 6.6. All riders must sign the "Start on Sheet" at least 45 minutes before the start time. The "Sign on Sheet" will close 10 minutes before the start.
- 6.7. Feeding will be allowed at 50 km after the start and stopped at 20 km before finish.
- 6.8. Procedures of Feeding is based on rules 2.3.025.
- 6.9. Feeding zone will be provided at km.....until km.....
- 6.10. The organizer will provide 2 neutral service vehicles.
- 6.11. No equipment for riders may be prepared or held ready outside the following vehicle. Persons riding in vehicles shall not reach or lean out.
- 6.12. All riders may render each other such minor services as lending or exchanging food, drink, spanners or accessories. The lending or exchanging of tubular tires or bicycles and waiting for a rider who has been dropped or involved in an accident shall in all cases be forbidden, on pain of disqualification. (2.3.012).